

St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/02/2018																
K-8 BIC	Total	3600														
BIC, Zee Bar, Strawberry Crisp	2.2 oz bar	3600	250	0	75	2.00	1.08	20.0	0	0.0	14	4.0	41.0	8.0	2.50	0.00
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	1000	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Fruit, Fresh, Variety	1/2 cup serving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			378	10	274	2.97	1.17	248.6	220	24.11	*20 *20.7%	12.68 13.4%	59.34 62.9%	10.42 24.8%	4.43 10.6%	0.00 0.0%
Nutrient Guideline			400-500		540										<10.00	

Tue - 04/03/2018																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			401	3	315	7.43	2.64	168.9	179	28.51	*8 *7.6%	7.95 7.9%	71.36 71.2%	9.03 20.3%	3.67 8.2%	0.00 0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/04/2018																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1600	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			394	4	323	3.09	1.17	305.0	297	35.06	*29	10.32	67.22	11.08	2.83	0.00
% of Calories											*29.1%	10.5%	68.2%	25.3%	6.4%	0.0%
Nutrient Guideline			400-500		540										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/05/2018																
K-8 BIC	Total	3600														
BIC, Mini French Toast	1 Each	3600	252	6	435	2.29	1.24	68.7	0	0.0	13	3.43	42.36	8.01	1.14	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Fresh, Variety	1/2 cup s erving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			349	7	460	3.49	1.42	134.0	155	28.35	*20	5.69	64.69	8.37	1.41	0.00
% of Calories											*23.1%	6.5%	74.1%	21.6%	3.6%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/06/2018																
K-8 BIC	Total	3600														
BIC, Muffin Apple	1 Each	3600	190	40	130	2.00	1.08	40.0	100	2.4	16	3.0	31.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	2000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Fruit, Fresh, Variety	1 each	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	1000	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			301	47	270	2.97	1.17	213.0	293	26.51	*22	9.46	49.06	7.72	3.37	0.00
% of Calories											*28.6%	12.6%	65.2%	23.1%	10.1%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Mon - 04/09/2018																
K-8 BIC	Total	3600														
Sandwich, Grape PBJ Smkr K-8	1 Each	3600	356	0	356	3.33	*N/A*	*N/A*	0	0.0	14	11.11	35.56	18.89	3.89	0.00
BIC, Applesauce	1 Each	1600	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Fruit, Fresh, Variety	1/2 cup s	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
	erving															
Fruit, Juice, 100%	servings	1000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			432	2	379	4.48	*0.11	*60.8	137	18.96	*22	12.96	52.96	19.22	4.15	0.00
% of Calories											*20.2%	12.0%	49.0%	40.1%	8.6%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/10/2018																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			401	3	315	7.43	2.64	168.9	179	28.51	*8	7.95	71.36	9.03	3.67	0.00
% of Calories											*7.6%	7.9%	71.2%	20.3%	8.2%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 04/11/2018																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1600	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			394	4	323	3.09	1.17	305.0	297	35.06	*29	10.32	67.22	11.08	2.83	0.00
% of Calories											*29.1%	10.5%	68.2%	25.3%	6.4%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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K-8 BIC

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/12/2018																
K-8 BIC	Total	3600														
BIC, Mini Bagel, Strawberry	Each	3600	240	10	180	2.00	1.08	20.0	100	0.0	13	5.99	40.92	5.99	2.49	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Fresh, Variety	1/2 cup serving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			337	12	205	3.20	1.26	85.3	255	28.35	*21	8.25	63.25	6.34	2.76	0.00
% of Calories											*24.4%	9.8%	75.1%	16.9%	7.4%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Fri - 04/13/2018																
K-8 BIC	Total	3600														
Bread, Bunny Graham Crackers	Pkg	3600	162	0	124	3.04	0.36	202.4	*N/A*	*N/A*	9	3.04	24.29	6.07	0.51	0.00
BIC, Yogurt (4oz. cup)	1 Each	2000	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Fruit, Fresh, Variety	1 each	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	1000	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			295	2	189	4.01	0.45	431.0	*137	*24.78	*14	6.72	54.02	6.41	0.77	0.00
% of Calories											*19.1%	9.1%	73.2%	19.5%	2.3%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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Mon - 04/16/2018																
K-8 BIC	Total	3600														
BIC, Zee Bar, Strawberry Crisp	2.2 oz bar	3600	250	0	75	2.00	1.08	20.0	0	0.0	14	4.0	41.0	8.0	2.50	0.00
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	1000	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Fruit, Fresh, Variety	1/2 cup serving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			378	10	274	2.97	1.17	248.6	220	24.11	*20 *20.7%	12.68 13.4%	59.34 62.9%	10.42 24.8%	4.43 10.6%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 04/17/2018																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			401	3	315	7.43	2.64	168.9	179	28.51	*8 *7.6%	7.95 7.9%	71.36 71.2%	9.03 20.3%	3.67 8.2%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/18/2018																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1600	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			394	4	323	3.09	1.17	305.0	297	35.06	*29	10.32	67.22	11.08	2.83	0.00
% of Calories											*29.1%	10.5%	68.2%	25.3%	6.4%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Thu - 04/19/2018																
K-8 BIC	Total	3600														
BIC, Mini French Toast	1 Each	3600	252	6	435	2.29	1.24	68.7	0	0.0	13	3.43	42.36	8.01	1.14	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Fresh, Variety	1/2 cup serving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			349	7	460	3.49	1.42	134.0	155	28.35	*20	5.69	64.69	8.37	1.41	0.00
% of Calories											*23.1%	6.5%	74.1%	21.6%	3.6%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/20/2018																
K-8 BIC	Total	3600														
BIC, Muffin Apple	1 Each	3600	190	40	130	2.00	1.08	40.0	100	2.4	16	3.0	31.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	2000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Fruit, Fresh, Variety	1 each	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	1000	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			301	47	270	2.97	1.17	213.0	293	26.51	*22	9.46	49.06	7.72	3.37	0.00
% of Calories											*28.6%	12.6%	65.2%	23.1%	10.1%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Mon - 04/23/2018																
K-8 BIC	Total	3600														
Sandwich, Grape PBJ Smkr K-8	1 Each	3600	356	0	356	3.33	*N/A*	*N/A*	0	0.0	14	11.11	35.56	18.89	3.89	0.00
BIC, Applesauce	1 Each	1600	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Fruit, Fresh, Variety	1/2 cup s	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
	erving															
Fruit, Juice, 100%	servings	1000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			432	2	379	4.48	*0.11	*60.8	137	18.96	*22	12.96	52.96	19.22	4.15	0.00
% of Calories											*20.2%	12.0%	49.0%	40.1%	8.6%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/24/2018																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			401	3	315	7.43	2.64	168.9	179	28.51	*8	7.95	71.36	9.03	3.67	0.00
% of Calories											*7.6%	7.9%	71.2%	20.3%	8.2%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 04/25/2018																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1600	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			394	4	323	3.09	1.17	305.0	297	35.06	*29	10.32	67.22	11.08	2.83	0.00
% of Calories											*29.1%	10.5%	68.2%	25.3%	6.4%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/26/2018																
K-8 BIC	Total	3600														
BIC, Mini Bagel, Strawberry	Each	3600	240	10	180	2.00	1.08	20.0	100	0.0	13	5.99	40.92	5.99	2.49	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Fresh, Variety	1/2 cup serving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			337	12	205	3.20	1.26	85.3	255	28.35	*21	8.25	63.25	6.34	2.76	0.00
% of Calories											*24.4%	9.8%	75.1%	16.9%	7.4%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Fri - 04/27/2018																
K-8 BIC	Total	3600														
Bread, Bunny Graham Crackers	Pkg	3600	162	0	124	3.04	0.36	202.4	*N/A*	*N/A*	9	3.04	24.29	6.07	0.51	0.00
BIC, Yogurt (4oz. cup)	1 Each	2000	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Fruit, Fresh, Variety	1 each	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	1000	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			295	2	189	4.01	0.45	431.0	*137	*24.78	*14	6.72	54.02	6.41	0.77	0.00
% of Calories											*19.1%	9.1%	73.2%	19.5%	2.3%	0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/30/2018																
K-8 BIC	Total	3600														
BIC, Zee Bar, Strawberry Crisp	2.2 oz bar	3600	250	0	75	2.00	1.08	20.0	0	0.0	14	4.0	41.0	8.0	2.50	0.00
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	1000	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Fruit, Fresh, Variety	1/2 cup serving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		3000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			378	10	274	2.97	1.17	248.6	220	24.11	*20	12.68	59.34	10.42	4.43	0.00
% of Calories											*20.7%	13.4%	62.9%	24.8%	10.6%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Weighted Average			369	9	304	4.15	*1.31	*213.8	*215	*27.64	*19	9.40	61.92	9.90	3.06	0.00
											*46.5%	10.2%	67.2%	24.2%	7.5%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	369		400 - 500	92%		31		Correction Required - Calories are Low
Cholesterol (mg)	9							
Sodium 1 (mg)	304		540					
Sodium 2 (mg)	304		485					
Fiber (g)	4.15							
Iron (mg)	1.31				Missing			
Calcium (mg)	213.8				Missing			
Vitamin A (IU)	215				Missing			
Sugars (g)	19	20.67%			Missing			
Vitamin C (mg)	27.64				Missing			
Protein (g)	9.40	10.20%						
Carbohydrate (g)	61.92	67.19%						
Total Fat (g)	9.90	24.16%						
Saturated Fat (g)	3.06	7.46%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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