

St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/02/2018																
K-8 Breakfast	Total	1200														
BIC, Mini Bagel, Strawberry	Each	900	240	10	180	2.00	1.08	20.0	100	0.0	13	5.99	40.92	5.99	2.49	0.00
Dairy, String Cheese	1 OZ	400	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	800	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			344	31	265	4.31	1.63	188.6	385	25.02	*26	10.41	61.84	6.96	3.15	*0.00
% of Calories											*29.7%	12.1%	71.9%	18.2%	8.2%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/03/2018																
K-8 Breakfast	Total	1200														
Breakfast, French Toast Sticks	4 Piece	900	288	0	299	3.20	2.13	250.7	460	0.0	12	6.4	37.33	12.8	2.13	0.00
Breakfast, Sausage Patty	1 Each	900	55	20	225	0.00	1.08	20.0	3	0.0	1	6.0	0.5	4.0	1.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	800	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			465	39	468	5.93	3.56	319.9	676	35.19	*31	13.39	73.27	14.78	3.13	*0.00
% of Calories											*26.9%	11.5%	63.0%	28.6%	6.1%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/04/2018																
K-8 Breakfast	Total	1200														
Breakfast, Pizza	Servings	900	210	15	480	2.00	1.80	100.0	200	0.0	9	9.0	26.0	7.0	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			322	36	432	3.78	2.19	188.3	436	45.62	*16	10.92	53.23	7.39	2.28	*0.00
% of Calories											*20.1%	13.6%	66.1%	20.6%	6.4%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Thu - 04/05/2018																
K-8 Breakfast	Total	1200														
Breakfast, Bread Variety	Each	900	273	0	225	3.00	1.49	78.2	302	0.3	*19	5.0	43.5	9.5	2.25	0.00
BIC, Yogurt (4oz. cup)	1 Each	300	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	800	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			437	24	262	5.77	2.27	250.6	556	35.71	*36	8.59	83.02	9.31	2.47	*0.00
% of Calories											*33.0%	7.9%	76.0%	19.2%	5.1%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/06/2018																
K-8 Breakfast	Total	1200														
Breakfast, Biscuits and Gravy	Servings	900	254	20	928	2.97	2.27	73.6	6	0.04	*3	10.0	31.3	11.0	5.50	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	800	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			351	39	768	5.20	2.62	163.9	290	25.05	*20	11.00	56.79	10.39	4.90	*0.00
% of Calories											*22.5%	12.5%	64.7%	26.6%	12.6%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Mon - 04/09/2018																
K-8 Breakfast	Total	1200														
BIC, Muffin Blueberry	1 Each	900	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	400	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	800	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			307	58	228	4.31	1.64	188.7	386	25.02	*28	8.17	53.65	6.97	2.78	*0.00
% of Calories											*36.2%	10.6%	69.9%	20.4%	8.1%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/10/2018																
K-8 Breakfast	Total	1200														
Breakfast, French Toast Sticks	4 Piece	900	288	0	299	3.20	2.13	250.7	460	0.0	12	6.4	37.33	12.8	2.13	0.00
Breakfast, Sausage Patty	1 Each	900	55	20	225	0.00	1.08	20.0	3	0.0	1	6.0	0.5	4.0	1.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	800	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			465	39	468	5.93	3.56	319.9	676	35.19	*31 *26.9%	13.39 11.5%	73.27 63.0%	14.78 28.6%	3.13 6.1%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

Wed - 04/11/2018																
K-8 Breakfast	Total	1200														
Breakfast, Pizza	Servings	900	210	15	480	2.00	1.80	100.0	200	0.0	9	9.0	26.0	7.0	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			322	36	432	3.78	2.19	188.3	436	45.62	*16 *20.1%	10.92 13.6%	53.23 66.1%	7.39 20.6%	2.28 6.4%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

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Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/12/2018																
K-8 Breakfast	Total	1200														
Breakfast, Bread Variety	Each	900	273	0	225	3.00	1.49	78.2	302	0.3	*19	5.0	43.5	9.5	2.25	0.00
BIC, Yogurt (4oz. cup)	1 Each	300	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	800	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			437	24	262	5.77	2.27	250.6	556	35.71	*36 *33.0%	8.59 7.9%	83.02 76.0%	9.31 19.2%	2.47 5.1%	*0.00 *0.0%
Nutrient Guideline			400-500		540										<10.00	

Fri - 04/13/2018																
K-8 Breakfast	Total	1200														
Breakfast, Sandwich/Biscuit	Sandwich	900	326	121	818	2.97	2.72	170.1	292	0.06	5	16.63	25.5	18.6	7.95	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	800	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			405	115	685	5.20	2.96	236.3	505	25.07	*21 *20.5%	15.97 15.8%	52.44 51.8%	16.09 35.8%	6.74 15.0%	*0.00 *0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/16/2018																
K-8 Breakfast	Total	1200														
BIC, Mini Bagel, Strawberry	Each	900	240	10	180	2.00	1.08	20.0	100	0.0	13	5.99	40.92	5.99	2.49	0.00
Dairy, String Cheese	1 OZ	400	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	800	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			344	31	265	4.31	1.63	188.6	385	25.02	*26	10.41	61.84	6.96	3.15	*0.00
% of Calories											*29.7%	12.1%	71.9%	18.2%	8.2%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Tue - 04/17/2018																
K-8 Breakfast	Total	1200														
Breakfast, French Toast Sticks	4 Piece	900	288	0	299	3.20	2.13	250.7	460	0.0	12	6.4	37.33	12.8	2.13	0.00
Breakfast, Sausage Patty	1 Each	900	55	20	225	0.00	1.08	20.0	3	0.0	1	6.0	0.5	4.0	1.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	800	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			465	39	468	5.93	3.56	319.9	676	35.19	*31	13.39	73.27	14.78	3.13	*0.00
% of Calories											*26.9%	11.5%	63.0%	28.6%	6.1%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/18/2018																
K-8 Breakfast	Total	1200														
Breakfast, Pizza	Servings	900	210	15	480	2.00	1.80	100.0	200	0.0	9	9.0	26.0	7.0	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			322	36	432	3.78	2.19	188.3	436	45.62	*16	10.92	53.23	7.39	2.28	*0.00
% of Calories											*20.1%	13.6%	66.1%	20.6%	6.4%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Thu - 04/19/2018																
K-8 Breakfast	Total	1200														
Breakfast, Bread Variety	Each	900	273	0	225	3.00	1.49	78.2	302	0.3	*19	5.0	43.5	9.5	2.25	0.00
BIC, Yogurt (4oz. cup)	1 Each	300	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	800	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			437	24	262	5.77	2.27	250.6	556	35.71	*36	8.59	83.02	9.31	2.47	*0.00
% of Calories											*33.0%	7.9%	76.0%	19.2%	5.1%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/20/2018																
K-8 Breakfast	Total	1200														
Breakfast, Biscuits and Gravy	Servings	900	254	20	928	2.97	2.27	73.6	6	0.04	*3	10.0	31.3	11.0	5.50	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	800	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			351	39	768	5.20	2.62	163.9	290	25.05	*20	11.00	56.79	10.39	4.90	*0.00
% of Calories											*22.5%	12.5%	64.7%	26.6%	12.6%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Mon - 04/23/2018																
K-8 Breakfast	Total	1200														
BIC, Muffin Blueberry	1 Each	900	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	400	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	800	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			307	58	228	4.31	1.64	188.7	386	25.02	*28	8.17	53.65	6.97	2.78	*0.00
% of Calories											*36.2%	10.6%	69.9%	20.4%	8.1%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/24/2018																
K-8 Breakfast	Total	1200														
Breakfast, French Toast Sticks	4 Piece	900	288	0	299	3.20	2.13	250.7	460	0.0	12	6.4	37.33	12.8	2.13	0.00
Breakfast, Sausage Patty	1 Each	900	55	20	225	0.00	1.08	20.0	3	0.0	1	6.0	0.5	4.0	1.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	800	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			465	39	468	5.93	3.56	319.9	676	35.19	*31 *26.9%	13.39 11.5%	73.27 63.0%	14.78 28.6%	3.13 6.1%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

Wed - 04/25/2018																
K-8 Breakfast	Total	1200														
Breakfast, Pizza	Servings	900	210	15	480	2.00	1.80	100.0	200	0.0	9	9.0	26.0	7.0	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			322	36	432	3.78	2.19	188.3	436	45.62	*16 *20.1%	10.92 13.6%	53.23 66.1%	7.39 20.6%	2.28 6.4%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/26/2018																
K-8 Breakfast	Total	1200														
Breakfast, Bread Variety	Each	900	273	0	225	3.00	1.49	78.2	302	0.3	*19	5.0	43.5	9.5	2.25	0.00
BIC, Yogurt (4oz. cup)	1 Each	300	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Dried Variety	1 Each	800	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			437	24	262	5.77	2.27	250.6	556	35.71	*36 *33.0%	8.59 7.9%	83.02 76.0%	9.31 19.2%	2.47 5.1%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 04/27/2018																
K-8 Breakfast	Total	1200														
Breakfast, Sandwich/Biscuit	Sandwich	900	326	121	818	2.97	2.72	170.1	292	0.06	5	16.63	25.5	18.6	7.95	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	800	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			405	115	685	5.20	2.96	236.3	505	25.07	*21 *20.5%	15.97 15.8%	52.44 51.8%	16.09 35.8%	6.74 15.0%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

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St. Vrain Valley School District

Apr 1, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/30/2018																
K-8 Breakfast	Total	1200														
BIC, Mini Bagel, Strawberry	Each	900	240	10	180	2.00	1.08	20.0	100	0.0	13	5.99	40.92	5.99	2.49	0.00
Dairy, String Cheese	1 OZ	400	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	290	42	205	2.00	0.96	333.3	100	2.0	*16	6.0	52.67	6.0	2.00	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
BIC, Applesauce	1 Each	800	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
		1000	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			344	31	265	4.31	1.63	188.6	385	25.02	*26	10.41	61.84	6.96	3.15	*0.00
% of Calories											*29.7%	12.1%	71.9%	18.2%	8.2%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Weighted Average			384	44	419	4.97	2.45	227.5	485	32.93	*26	11.10	64.25	10.18	3.32	*0.00
											*61.1%	11.6%	67.0%	23.9%	7.8%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	384		400 - 500	96%		16		Correction Required - Calories are Low
Cholesterol (mg)	44							
Sodium 1 (mg)	419		540					
Sodium 2 (mg)	419		485					
Fiber (g)	4.97							
Iron (mg)	2.45							
Calcium (mg)	227.5							
Vitamin A (IU)	485							
Sugars (g)	26	27.17%			Missing			
Vitamin C (mg)	32.93							
Protein (g)	11.10	11.58%						
Carbohydrate (g)	64.25	67.01%						
Total Fat (g)	10.18	23.88%						
Saturated Fat (g)	3.32	7.80%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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