

St. Vrain Valley School District

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

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Generated on: 4/30/2018 11:25:48 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/01/2018																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average % of Calories			476	11	421	7.59	2.56	421.2	631	36.25	*5 *3.9%	14.61 12.3%	77.80 65.4%	10.35 19.6%	4.93 9.3%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Wed - 05/02/2018																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1600	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average % of Calories			486	13	431	3.09	1.17	555.0	714	37.06	*29 *23.6%	16.99 14.0%	78.06 64.2%	12.33 22.8%	4.08 7.5%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 05/03/2018																
K-8 BIC	Total	3600														
BIC, Mini French Toast	1 Each	3600	252	6	435	2.29	1.24	68.7	0	0.0	13	3.43	42.36	8.01	1.14	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Fresh, Variety	1/2 cup serving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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St. Vrain Valley School District

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			441	16	569	3.49	1.42	384.0	572	30.35	*20 *18.3%	12.36 11.2%	75.53 68.5%	9.62 19.6%	2.66 5.4%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 05/04/2018																	
K-8 BIC	Total	3600															
BIC, Muffin Apple	1 Each	3600	190	40	130	2.00	1.08	40.0	100	2.4	16	3.0	31.0	6.0	2.00	0.00	
Dairy, String Cheese	1 OZ	2000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00	
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00	
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00	
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00	
Weighted Daily Average % of Calories			395	56	379	3.36	1.19	468.8	763	38.49	*21 *20.9%	16.36 16.6%	60.33 61.0%	9.06 20.6%	4.64 10.6%	0.00 0.0%	
Nutrient Guideline			400-500		540											<10.00	

Mon - 05/07/2018																	
K-8 BIC	Total	3600															
Sandwich, Grape PBJ Smkr K-8	1 Each	3600	356	0	356	3.33	*N/A*	*N/A*	0	0.0	14	11.11	35.56	18.89	3.89	0.00	
BIC, Applesauce	1 Each	1600	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00	
Fruit, Fresh, Variety	1/2 cup s erving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00	
Fruit, Juice, 100%	servings	1000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00	
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00	
Weighted Daily Average % of Calories			524	10	488	4.48	*0.11	*310.8	554	20.96	*22 *16.7%	19.63 15.0%	63.80 48.7%	20.47 35.2%	5.40 9.3%	0.00 0.0%	
Nutrient Guideline			400-500		540											<10.00	

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St. Vrain Valley School District

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/08/2018																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			476	11	421	7.59	2.56	421.2	631	36.25	*5	14.61	77.80	10.35	4.93	0.00
% of Calories											*3.9%	12.3%	65.4%	19.6%	9.3%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 05/09/2018																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1600	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			486	13	431	3.09	1.17	555.0	714	37.06	*29	16.99	78.06	12.33	4.08	0.00
% of Calories											*23.6%	14.0%	64.2%	22.8%	7.5%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Thu - 05/10/2018																
K-8 BIC	Total	3600														
BIC, Mini Bagel, Strawberry	Each	3600	240	10	180	2.00	1.08	20.0	100	0.0	13	5.99	40.92	5.99	2.49	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Fresh, Variety	1/2 cup s erving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00

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Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			428	20	313	3.20	1.26	335.3	672	30.35	*21 *19.2%	14.91 13.9%	74.08 69.2%	7.59 15.9%	4.01 8.4%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 05/11/2018																
K-8 BIC	Total	3600														
Bread, Bunny Graham Crackers	Pkg	3600	162	0	124	3.04	0.36	202.4	*N/A*	*N/A*	9	3.04	24.29	6.07	0.51	0.00
BIC, Yogurt (4oz. cup)	1 Each	2000	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average % of Calories			390	10	298	4.39	0.48	686.7	*607	*36.75	*13 *13.6%	13.62 14.0%	65.29 67.0%	7.74 17.9%	2.03 4.7%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 05/14/2018																
K-8 BIC	Total	3600														
BIC, Zee Bar, Strawberry Crisp	2.2 oz bar	3600	250	0	75	2.00	1.08	20.0	0	0.0	14	4.0	41.0	8.0	2.50	0.00
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	1000	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Fruit, Fresh, Variety	1/2 cup s erving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average % of Calories			469	18	382	2.97	1.17	498.6	637	26.11	*20 *16.6%	19.35 16.5%	70.18 59.8%	11.67 22.4%	5.68 10.9%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

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K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/15/2018																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			476	11	421	7.59	2.56	421.2	631	36.25	*5	14.61	77.80	10.35	4.93	0.00
% of Calories											*3.9%	12.3%	65.4%	19.6%	9.3%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 05/16/2018																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1600	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			486	13	431	3.09	1.17	555.0	714	37.06	*29	16.99	78.06	12.33	4.08	0.00
% of Calories											*23.6%	14.0%	64.2%	22.8%	7.5%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Thu - 05/17/2018																
K-8 BIC	Total	3600														
BIC, Mini French Toast	1 Each	3600	252	6	435	2.29	1.24	68.7	0	0.0	13	3.43	42.36	8.01	1.14	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Fresh, Variety	1/2 cup s erving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			441	16	569	3.49	1.42	384.0	572	30.35	*20 *18.3%	12.36 11.2%	75.53 68.5%	9.62 19.6%	2.66 5.4%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 05/18/2018																
K-8 BIC	Total	3600														
BIC, Muffin Apple	1 Each	3600	190	40	130	2.00	1.08	40.0	100	2.4	16	3.0	31.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	2000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average % of Calories			395	56	379	3.36	1.19	468.8	763	38.49	*21 *20.9%	16.36 16.6%	60.33 61.0%	9.06 20.6%	4.64 10.6%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 05/21/2018																
K-8 BIC	Total	3600														
Sandwich, Grape PBJ Smkr K-8	1 Each	3600	356	0	356	3.33	*N/A*	*N/A*	0	0.0	14	11.11	35.56	18.89	3.89	0.00
BIC, Applesauce	1 Each	1600	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Fruit, Fresh, Variety	1/2 cup s	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	erving servings	1000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average % of Calories			524	10	488	4.48	*0.11	*310.8	554	20.96	*22 *16.7%	19.63 15.0%	63.80 48.7%	20.47 35.2%	5.40 9.3%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

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St. Vrain Valley School District

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/22/2018																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			476	11	421	7.59	2.56	421.2	631	36.25	*5	14.61	77.80	10.35	4.93	0.00
% of Calories											*3.9%	12.3%	65.4%	19.6%	9.3%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 05/23/2018																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	1600	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			486	13	431	3.09	1.17	555.0	714	37.06	*29	16.99	78.06	12.33	4.08	0.00
% of Calories											*23.6%	14.0%	64.2%	22.8%	7.5%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Thu - 05/24/2018																
K-8 BIC	Total	3600														
BIC, Mini Bagel, Strawberry	Each	3600	240	10	180	2.00	1.08	20.0	100	0.0	13	5.99	40.92	5.99	2.49	0.00
Fruit, Dried Variety	1 Each	1000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Fruit, Fresh, Variety	1/2 cup s erving	1000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	1600	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00

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St. Vrain Valley School District

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			428	20	313	3.20	1.26	335.3	672	30.35	*21 *19.2%	14.91 13.9%	74.08 69.2%	7.59 15.9%	4.01 8.4%	0.00 0.0%
Nutrient Guideline			400-500		540										<10.00	

Weighted Average			460	18	421	4.39	*1.36	*449.3	*652	*33.13	*18 *36.1%	15.88 13.8%	72.58 63.1%	11.31 22.1%	4.28 8.4%	0.00 0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	460		400 - 500	100%				
Cholesterol (mg)	18							
Sodium 1 (mg)	421		540					
Sodium 2 (mg)	421		485					
Fiber (g)	4.39							
Iron (mg)	1.36				Missing			
Calcium (mg)	449.3				Missing			
Vitamin A (IU)	652				Missing			
Sugars (g)	18	16.06%			Missing			
Vitamin C (mg)	33.13				Missing			
Protein (g)	15.88	13.81%						
Carbohydrate (g)	72.58	63.09%						
Total Fat (g)	11.31	22.13%						
Saturated Fat (g)	4.28	8.38%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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