

St. Vrain Valley School District

May 1, 2018 thru May 24, 2018

Base Menu Spreadsheet

CACFP Snack Menu

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/01/2018																
CACFP Snack Menu	Total	3000														
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Fruit, Dried Variety	1 Each	3000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00
Weighted Daily Average			184	10	217	1.88	0.47	215.5	165	15.25	*19	8.87	33.00	2.56	2.00	0.00
% of Calories											*41.2%	19.3%	71.6%	12.5%	9.8%	0.0%
Nutrient Guideline			450		540											<10.00

Wed - 05/02/2018																
CACFP Snack Menu	Total	3000														
Bread, Pretzels, WG	1 Each	1500	80	0	200	2.00	0.72	0.0	0	0.0	0	2.0	15.0	1.5	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			150	10	230	1.00	0.36	300.0	500	2.40	*0	9.00	20.50	2.25	1.50	0.00
% of Calories											*0.0%	24.0%	54.7%	13.5%	9.0%	0.0%
Nutrient Guideline			450		540											<10.00

Thu - 05/03/2018																
CACFP Snack Menu	Total	3000														
Veg, Veggie Patch	1/2 Cup	3000	23	0	26	1.69	0.45	19.1	3250	42.7	2	1.01	4.82	0.13	0.03	0.00
Condiment, Ranch, low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			173	15	304	1.69	0.45	337.8	3789	45.24	*2	9.51	19.58	5.03	2.09	0.00
% of Calories											*4.8%	22.0%	45.3%	26.2%	10.9%	0.0%
Nutrient Guideline			450		540											<10.00

Fri - 05/04/2018																
CACFP Snack Menu	Total	3000														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450		540											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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CACFP Snack Menu

Portion Values - Detailed

Page 2

Generated on: 4/30/2018 11:27:33 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/07/2018																
CACFP Snack Menu	Total	3000														
Breakfast, Cereal, Cheerios	1 each	3000	100	0	140	3.00	8.10	100.0	500	6.0	1	3.0	20.0	2.0	0.50	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average % of Calories			210	10	270	3.00	8.10	400.0	1000	8.40	*1 *1.9%	11.00 21.0%	33.00 62.9%	3.50 15.0%	2.00 8.6%	0.00 0.0%
Nutrient Guideline			450		540											<10.00
Tue - 05/08/2018																
CACFP Snack Menu	Total	3000														
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	3000	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Weighted Daily Average % of Calories			113	10	212	1.05	0.11	203.1	100	0.00	12 40.6%	8.00 28.2%	15.64 55.2%	2.50 19.9%	2.00 15.9%	0.00 0.0%
Nutrient Guideline			450		540											<10.00
Wed - 05/09/2018																
CACFP Snack Menu	Total	3000														
Veg, Veggie Patch	1/2 Cup	3000	23	0	26	1.69	0.45	19.1	3250	42.7	2	1.01	4.82	0.13	0.03	0.00
Condiment, Ranch, low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average % of Calories			173	15	304	1.69	0.45	337.8	3789	45.24	*2 *4.8%	9.51 22.0%	19.58 45.3%	5.03 26.2%	2.09 10.9%	0.00 0.0%
Nutrient Guideline			450		540											<10.00
Thu - 05/10/2018																
CACFP Snack Menu	Total	3000														
Bread, Pretzels, WG	1 Each	1500	80	0	200	2.00	0.72	0.0	0	0.0	0	2.0	15.0	1.5	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			150	10	230	1.00	0.36	300.0	500	2.40	*0 *0.0%	9.00 24.0%	20.50 54.7%	2.25 13.5%	1.50 9.0%	0.00 0.0%
Nutrient Guideline			450		540											<10.00

Fri - 05/11/2018																	
CACFP Snack Menu	Total Package	3000															
Bread, Goldfish Cracker	3000		100	5	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	1.00	0.00	
Fruit, Fresh, Variety	1/2 cup serving	3000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00	
Weighted Daily Average % of Calories			164	5	171	3.44	0.56	43.8	193	35.92	*8 *20.3%	3.85 9.4%	30.19 73.7%	3.81 20.9%	1.05 5.7%	0.00 0.0%	
Nutrient Guideline			450		540											<10.00	

Mon - 05/14/2018																	
CACFP Snack Menu	Total	3000															
BIC, Applesauce	1 Each	3000	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00	
BIC, Mini Bagel, Strawberry	1 Each	3000	240	10	180	2.00	1.08	20.0	100	0.0	13	5.99	40.92	5.99	2.49	0.00	
Weighted Daily Average % of Calories			293	10	182	3.04	1.19	23.1	100	0.00	24 33.4%	5.99 8.2%	55.55 75.9%	5.99 18.4%	2.49 7.7%	0.00 0.0%	
Nutrient Guideline			450		540											<10.00	

Tue - 05/15/2018																	
CACFP Snack Menu	Total	3000															
Fruit, Dried Variety	1 Each	3000	124	0	7	1.88	0.47	15.5	65	15.25	*19	0.87	32.0	0.06	0.00	0.00	
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00	
Weighted Daily Average % of Calories			184	10	217	1.88	0.47	215.5	165	15.25	*19 *41.2%	8.87 19.3%	33.00 71.6%	2.56 12.5%	2.00 9.8%	0.00 0.0%	
Nutrient Guideline			450		540											<10.00	

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Wed - 05/16/2018																
CACFP Snack Menu	Total	3000														
Bread, Pretzels, WG	1 Each	1500	80	0	200	2.00	0.72	0.0	0	0.0	0	2.0	15.0	1.5	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average % of Calories			150	10	230	1.00	0.36	300.0	500	2.40	*0 *0.0%	9.00 24.0%	20.50 54.7%	2.25 13.5%	1.50 9.0%	0.00 0.0%
Nutrient Guideline			450		540											<10.00

Thu - 05/17/2018																
CACFP Snack Menu	Total	3000														
Veg, Veggie Patch	1/2 Cup	3000	23	0	26	1.69	0.45	19.1	3250	42.7	2	1.01	4.82	0.13	0.03	0.00
Condiment, Ranch, low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average % of Calories			173	15	304	1.69	0.45	337.8	3789	45.24	*2 *4.8%	9.51 22.0%	19.58 45.3%	5.03 26.2%	2.09 10.9%	0.00 0.0%
Nutrient Guideline			450		540											<10.00

Fri - 05/18/2018																
CACFP Snack Menu	Total	3000														
Bread, Goldfish Cracker	Package	3000	100	5	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	1.00	0.00
Fruit, Fresh, Variety	1/2 cup serving	3000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Weighted Daily Average % of Calories			164	5	171	3.44	0.56	43.8	193	35.92	*8 *20.3%	3.85 9.4%	30.19 73.7%	3.81 20.9%	1.05 5.7%	0.00 0.0%
Nutrient Guideline			450		540											<10.00

Mon - 05/21/2018																
CACFP Snack Menu	Total	3000														
Breakfast, Cereal, Cheerios	1 each	3000	100	0	140	3.00	8.10	100.0	500	6.0	1	3.0	20.0	2.0	0.50	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00

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Weighted Daily Average			210	10	270	3.00	8.10	400.0	1000	8.40	*1	11.00	33.00	3.50	2.00	0.00
% of Calories											*1.9%	21.0%	62.9%	15.0%	8.6%	0.0%
Nutrient Guideline			450		540											<10.00

Tue - 05/22/2018																
CACFP Snack Menu	Total	3000														
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	3000	53	0	2	1.05	0.11	3.1	0	0.0	12	0.0	14.64	0.0	0.00	0.00
Weighted Daily Average			113	10	212	1.05	0.11	203.1	100	0.00	12	8.00	15.64	2.50	2.00	0.00
% of Calories											40.6%	28.2%	55.2%	19.9%	15.9%	0.0%
Nutrient Guideline			450		540											<10.00

Wed - 05/23/2018																
CACFP Snack Menu	Total	3000														
Veg, Veggie Patch	1/2 Cup	3000	23	0	26	1.69	0.45	19.1	3250	42.7	2	1.01	4.82	0.13	0.03	0.00
Condiment, Ranch, low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			173	15	304	1.69	0.45	337.8	3789	45.24	*2	9.51	19.58	5.03	2.09	0.00
% of Calories											*4.8%	22.0%	45.3%	26.2%	10.9%	0.0%
Nutrient Guideline			450		540											<10.00

Thu - 05/24/2018																
CACFP Snack Menu	Total	3000														
Bread, Pretzels, WG	1 Each	1500	80	0	200	2.00	0.72	0.0	0	0.0	0	2.0	15.0	1.5	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			150	10	230	1.00	0.36	300.0	500	2.40	*0	9.00	20.50	2.25	1.50	0.00
% of Calories											*0.0%	24.0%	54.7%	13.5%	9.0%	0.0%
Nutrient Guideline			450		540											<10.00

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Portion Values - Detailed

Page 6

Generated on: 4/30/2018 11:27:33 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			172	11	239	1.91	1.35	252.9	1187	18.22	*7 *34.6%	8.44 19.6%	25.85 60.1%	3.52 18.4%	1.82 9.5%	0.00 0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	172		450	38%		278		Correction Required - Calories are Low
Cholesterol (mg)	11							
Sodium 1 (mg)	239		540					
Sodium 2 (mg)	239					239		
Fiber (g)	1.91							
Iron (mg)	1.35							
Calcium (mg)	252.9							
Vitamin A (IU)	1187							
Sugars (g)	7	15.37%			Missing			
Vitamin C (mg)	18.22							
Protein (g)	8.44	19.60%						
Carbohydrate (g)	25.85	60.05%						
Total Fat (g)	3.52	18.40%						
Saturated Fat (g)	1.82	9.52%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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